

# Satori Stables 2009

## Instruction Agreement and Liability Release

By this agreement, made and entered this \_\_\_\_\_ day of \_\_\_\_\_, 2009 by and between \_\_\_\_\_, who resides at \_\_\_\_\_, hereinafter referred to as 'I', and Lynn Larson/Satori Stables at 100 CR 166, Georgetown TX, 78626, hereinafter referred to as 'THE STABLE',

### IT IS HEREBY AGREED TO AS FOLLOWS

1. That I, the undersigned, do for myself or on behalf of my child or legal ward, hereby voluntarily request to participate in riding instruction as a student at THE STABLE, and that student will either ride his or her own horse, or school horses provided by THE STABLE for instructional purpose.
2. The optimal timing for lessons is at least one lesson/week. For competition, three lessons/week are recommended. Unless you have your own horse at home and are riding daily, lessons less than every other week are not recommended. Preferably, there will be a set time and day of the week for your lesson and you will schedule your next lesson at the end of each lesson. When you schedule a lesson, that spot is reserved for you -- the barn schedule is set up so that you will have a horse available at that time, and full payment is expected at the time of that lesson. If you cancel in less than 24 hours in advance, full payment for the missed lesson is required.
3. That in the last two years student has ridden horses (write student's name or names beside appropriate riding time.):
  - A. Less than 10 hours      Student's name \_\_\_\_\_
  - B. 10 to 20 hours      Student's name \_\_\_\_\_
  - C. 20 hours or more      Student's name \_\_\_\_\_
4. That parent or guardian and student understand that horses are unpredictable by nature; that when frightened or angry or under stress, a horse's natural instincts are to jump forward or sideways, to run away from danger at a trot or gallop, to kick, to buck, to rear up in front, or to bite; that horses are extremely powerful; and that if a rider falls to the ground, the fall distance will be generally from 3-1/2 to 5-1/2 feet. Furthermore, I have read and signed Exhibit "A" and I understand these risks and I voluntarily assume these risks and dangers.
5. That parent or guardian and student understands that upon mounting the horse and taking up the reins the student is in primary control of the horse and that THE STABLE is not responsible for the results of the student's actions or inactions. The student further agrees to not abuse, misuse, or deliberately agitate the horse as these actions may result in increased risk to himself and others.
6. That I have been advised that students should purchase and wear a helmet or hard hat and to wear it in and around THE STABLE so as to prevent horse related injuries to the head.
7. LIABILITY RELEASE: That I understand that, except in the event of THE STABLE'S wanton and willful negligence, I am responsible for bodily injury or property damage which I or my child or legal ward should sustain on THE STABLE's premises and/or trails and/or while riding a horse, and/or while in transit to or at horse shows, trail rides, or similar expeditions, and for any time I or my child or legal ward shall lose from employment or school or other activity, and for medical expenses or any other expenses incurred because of such bodily injury or property damage; and that I hereby, for myself, my heirs, administrators and assigns release and discharge the owners, operators, and sponsors of THE STABLE and their respective servants, agents, officers and all other participants of and from all claims, demands, actions, and causes of action for such injuries sustained to my person, or that of my child or legal charge and/or property.

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8. That the student is currently covered by accident-medical insurance and will remain insured for the duration of all riding instruction at THE STABLE.

Insurance Co:

Policy number:

That I further understand that should medical emergency treatment be required, the current insurance information here listed will be provided to the attending clinic or hospital to cover future payment of incurred bills.

9. That this agreement is entered into in the state of TEXAS and will be interpreted and enforced under the laws of that state.

**WARNING  
UNDER TEXAS LAW (CHAPTER 87, CIVIL PRACTICE AND  
REMEDIES CODE), AN EQUINE PROFESSIONAL IS NOT LIABLE  
FOR AN INJURY TO OR DEATH OF A PARTICIPANT IN  
EQUINE ACTIVITIES RESULTING FROM THE INHERENT RISKS OF  
EQUINE ACTIVITIES.**

10. Upon the signing of this agreement, student acknowledges that he/she has read and agrees to be bound to THE STABLE'S rules, attached as Exhibit "B" and incorporated herein by this reference.

11. Allergies, ailments (i.e. old injuries or conditions) or handicaps that the student still has and of which THE STABLE should be aware:

12. As part of the Centered Riding body work, physical contact may be made with your body. As part of the PSYCH-K and Holographic Repatterning processes, muscle checking is used to communicate with the body and sub-conscious/un-conscious/super-conscious, and/or higher conscious. If an energy constriction presents itself, there may also be contact to help release it. With Reiki, physical contact may or may not occur. Non of the contact is manipulative. Contact is made to communicate with the body to receive direction or to provide direction and focus, or to release a pattern of resistance. Prior to any physical contact I will to my best to ask in that moment 'May I ...' or 'Is it ok if I...'. At any time, even if I don't ask, if you are uncomfortable with contact, please say so. What is your preference at this time?

- I want no physical contact.
- Physical contact is ok if it is preceded by asking for permission
- I give permission now for physical contact to occur as is appropriate for a CR lesson, a Reiki session, a HR session, or a PSYCH-K session.

**I, THE UNDERSIGNED, BEING OF LEGAL AGE AND OF SOUND MIND AND NOT BEING UNDER THE INFLUENCE OF ALCOHOL, DRUGS, OR INTOXICANTS, HAVE READ AND UNDERSTAND THE FOREGOING AGREEMENT AND RELEASE.**

Full Name(s) of Participants if under age or guardianship:

\_\_\_\_\_ AGE \_\_\_\_\_  
\_\_\_\_\_ AGE \_\_\_\_\_

SIGNATURE OF PARTICIPANT \_\_\_\_\_ DATE \_\_\_ 2009

PARENT OR GAURDIAN \_\_\_\_\_ DATE \_\_\_ 2009

(If participant is not of legal age and is under guardianship)

FULL ADDRESS: \_\_\_\_\_ HOME PHONE: \_\_\_\_\_  
\_\_\_\_\_ BUS. PHONE: \_\_\_\_\_  
\_\_\_\_\_ PAGER: \_\_\_\_\_

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"Exhibit A"

## Horse Related Activities Come with This Warning

### Section A. PROTECTIVE ATTIRE

1. I am hereby advised to purchase and wear a well-fitted helmet, hard hat or similar protective head gear fastened securely under the chin, while working around or riding horses, to prevent injuries.
2. I am hereby advised to always wear hard-soled, fully enclosed shoes or boots and socks to protect feet, and long pants to protect legs while working around or riding horses.

### Section B. THE NATURE AND PHYSICAL CHARACTER OF THE HORSE

While domesticated, well trained horses are usually obedient, docile and affectionate, it is important to understand that their survival instincts are what has allowed the horse to survive from prehistoric times to the present day.

1. I am advised that horses are unpredictable by nature, with minds of their own, as are all animals both domestic and wild. The horse is often somewhat high strung or nervous by nature. Horses are extremely strong and powerful physically. Horses are extremely heavy weighing from 600 to 1300 pounds on the average. These characteristics deserve a human being's utmost respect.
2. I am advised that when a horse is frightened, angry, or under stress or feels threatened it is his instinct to jump forward or sideways, to run away from danger at a trot or gallop of speeds up to 35 miles per hour.
3. I am advised that if a horse is frightened or feels threatened from behind, it may kick straight back, sideways in either direction, or even forward with either of its hind legs with tremendous force.
4. I am advised that if a horse is frightened or feels threatened from above or on its back, it may hunch its back and buck in a way that could throw a rider to the ground with tremendous force. A fall from a horse will usually be from a height of 3 to 6 feet.
5. I am advised that if a horse is frightened or feels threatened from the front, it may naturally react by rearing up with its front legs, strike with one or both front legs, bite with its teeth, throw its head up or from side to side, or run directly over whatever it fears in front of it.
6. I am advised that a human must always approach a horse calmly and quietly and cautiously, preferably from near its shoulder or lower neck, talking soothingly to it.
7. I am advised that loud and/or sudden unexpected movements, dropping of objects near a horse, approaching vehicles, or animals or people, ill-fitting equipment or physical pain can provoke a domesticated horse to react according to his natural protective instincts.
8. I am advised that the first signs of anger or fear in a horse are the sudden tensing of the muscles of the body, possibly laying its ears flat back against its head, or quickly tossing or raising its head, or sudden snorting through the nostrils accompanying at least one other warning sign.
9. I have been advised that a horse can see independently with each eye, actually looking in one direction with one eye and another direction with the other eye, or it can focus both eyes on one object somewhere in front of it; that usually the direction the ear is pointing will tell an observer where the eye is looking on the same side, and consequently on what the horse is likely concentrating on at that moment.
10. I have been advised that a horse has two blind spot areas around it in which it cannot see. It cannot see directly behind it, nor what it is eating. This is the reason it is best to approach a horse close to the shoulder, and never to surprise a horse from the rear, or to reach first for the horse's mouth.

**CONTINUED ON REVERSE SIDE**

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11. I have been advised that while a horse is very sure-footed by nature, it may accidentally step on an object such as a human foot, when it is balancing itself or turning about; also that if a horse is ridden or worked on unstable ground or slippery grass or footing it could fall down injuring a rider or handler.

Please **write out the following statement** on the lines below: "I have read and do understand the above warning concerning protective attire and the nature and physical character of the horse."

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Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian or Parents for: 1. \_\_\_\_\_  
2. \_\_\_\_\_  
3. \_\_\_\_\_  
4. \_\_\_\_\_

Name and Address of Stable: Satori Stables, 100 CR 166, Georgetown TX 78626

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**EQUINE ACTIVITIES RESULTING FROM THE INHERENT RISKS OF**  
**EQUINE ACTIVITIES.**

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## "Exhibit B" ~ Stable Rules

1. no smoking in barn or on premises.
2. no intoxicating substances in barn or on premises.
3. horses may not be ridden while intoxicated or while judgement may otherwise be impaired.
4. no outside dogs allowed; stay away from the dogs on the premises.
5. all minors not signed up as students must be accompanied by an adult.
6. behave in a calm and predictable manner around the horses.
7. horses must be attended at all times while they are in the cross-ties.
8. horses to be fed by stable management only.
9. riding requires a hard hat, footwear with non-rebound soles and 1/4" heels, and breeches, tights, or jodhpurs (not jeans).
  
10. pass left-to-left.
11. faster horses get the rail.
12. when approaching a horse from behind, say 'on your left' or 'on your right', whichever is appropriate.
  
13. students are responsible for properly grooming the horse, tacking up the horse, warming up the horse prior to lessons/rides, and untacking the horse, cooling out the horse, and grooming the horse prior to putting the horse up after the lesson/ride. The student is also responsible for wiping off and storing away the tack and associated equipment after the lesson/ride. Student is subject to a \$10 grooming fee if this is not done.

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